

FREE CHECKLIST

A SIMPLE GUIDE TO USE THE 3 × 3 FORMULA

(SAVE, SCREENSHOT OR PRINT)

BY AGNESE K INNOCENTI



simplicity is a skill —
and you can learn it



HOW TO CREATE YOUR OWN 3 × 3 FROM YOUR WARDROBE

Practical steps to follow: ➡

1. Open your wardrobe and pick three bottoms you wear often
2. Choose three tops you genuinely enjoy wearing
3. Try all nine combinations in front of the mirror
4. Remove or replace any piece that doesn't work with at least two others

Getting dressed shouldn't feel like a daily challenge. And yet, for so many women, it still does — not because they lack clothes, but because they lack clarity.

The 3 × 3 formula isn't a fashion rule, a trend or a rigid system. It's a way of thinking about your wardrobe that puts you back in control. It teaches you to see combinations instead of chaos, possibilities instead of problems.

By working with just six carefully chosen pieces, you discover something powerful: you already have more outfits than you thought.

Agnesek

This method doesn't ask you to change your style, your body or your lifestyle. It simply offers a structure — one that adapts to you, evolves with you and supports you through busy mornings, changing seasons and different phases of life.

Whether you use the 3 × 3 formula every day or only during particularly hectic periods, its real value lies in the confidence it builds. Confidence in your wardrobe, in your choices and, ultimately, in yourself.

Because when getting dressed becomes easier, everything else tends to feel a little lighter too. And that's always worth aiming for.

To make things even easier, here's a simple checklist you can use whenever you want to apply the 3 × 3 formula — at home, while packing, or even before shopping.



✨ Stylist's reminder:

The best wardrobe isn't the biggest one — it's the one that works for you.

THE 3 × 3 WARDROBE FORMULA CHECKLIST

Use this checklist to create 9 outfits from just 6 items of clothing. Save it, print it, and come back to it whenever getting dressed feels overwhelming.

STEP 1: CHOOSE YOUR 3 BOTTOMS

- ☐ They fit comfortably right now
- ☐ They suit your daily lifestyle
- ☐ They sit within a cohesive colour palette

STEP 2: CHOOSE YOUR 3 TOPS

- ☐ Each top works with all three bottoms
- ☐ Lengths
- ☐ There is variety in neckline or sleeve length
- ☐ Fabrics feel comfortable and wearable

STEP 3: TEST ALL 9 OUTFITS

- ☐ Try every top with every bottom
- ☐ Remove or replace pieces that only create one outfit

STEP 4: PREPARE ACCESSORIES (THEY DON'T COUNT)

- ☐ 2–3 pairs of shoes that work across outfits
- ☐ One tote bag for work or busy days
- ☐ One crossbody bag with detachable strap for hands-free convenience

STEP 5: MAKE IT WORK FOR YOUR LIFE

- ☐ Adapt the formula to work, weekends or travel
- ☐ Remember: functionality matters more than perfection



WANT TO KEEP LEARNING?

If this guide helped you feel more confident and intentional with your wardrobe, there's plenty more waiting for you.

On the blog, I share practical, evergreen wardrobe guides designed to help you:

- make better use of the clothes you already own
- get dressed with less stress and more clarity
- understand what truly works for you

From colour choices to everyday outfit formulas, you'll find tools you can come back to whenever you need them.

👉 **Explore more practical wardrobe guides on the blog**
<https://bagsandthegirl.com>

Thank you for being here — and for taking the time to build a wardrobe that supports your life, not complicates it.